

**NEBRASKA ACADEMY OF FAMILY PHYSICIANS  
71<sup>ST</sup> ANNUAL MEETING & SCIENTIFIC ASSEMBLY  
LEARNING OBJECTIVES, SPEAKER BIOS & DISCLOSURES  
THURSDAY, MARCH 28, 2019**

**SUPPORTIVE CARE FOR PATIENTS ON BIOLOGIC THERAPY**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

**LEARNING OBJECTIVES:**

- 1) Differentiate the terms "biosimilar" and "biologics".
- 2) Identify vaccines indicated for patients on biologic therapy.
- 3) Discuss treatment of common complications associated with biologic therapy.

**RYAN ZWICK, PHARM D**

Pharmacy Practice Resident  
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**VANESSA VESELY, PHARM D**

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**RYAN ZWICK, PHARM D BIOGRAPHY:**

Ryan Zwick graduated from the University of Kansas in May of 2018 with Doctorate of Pharmacy. He is a current PGY-1 Pharmacy Practice Resident at Bryan Medical Center in Lincoln, NE. Following the completion of his PGY-1 residency, Ryan plans to work as an inpatient clinical pharmacy with a focus of internal medicine.

**VANESSA VESELY, PHARM D BIOGRAPHY:**

Vanessa Vesely graduated from South Dakota State University in May 2018 with her Doctorate in Pharmacy. She is currently a PGY-1 Pharmacy Practice Resident at Bryan Medical Center in Lincoln, NE. Following completion of her residency in June 2019, she plans to work as an inpatient clinical pharmacist in internal medicine.

**CONFLICT OF INTERESTS:**

None

## **TIME TO WALK THE TALK: ADDRESSING DIVERSITY, INCLUSION AND EQUITY IN MEDICINE**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

### **LEARNING OBJECTIVES:**

- 1) Review brief history of diversity and disparities in healthcare.
- 2) Define implicit bias and how it impacts delivery of care.
- 3) Identify steps to mitigating implicit bias and microaggressions in healthcare and leadership.
- 4) Discuss current strategies to increase diversity, inclusion and equity in medicine.

### **JASMINE RIVIERE MARCELIN, MD**

Assistant Professor of Medicine  
Associate Medical Director of Antimicrobial Stewardship  
Co-Director of Digital Innovation and Social Media Strategy  
Division of Infectious Diseases  
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University of Nebraska Medical Center  
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### **BIOGRAPHY:**

Dr. Jasmine R. Marcelin is an Assistant Professor of Medicine, Co-Director of Digital Innovation & Social Media Strategy and Associate Medical Director of Antimicrobial Stewardship and Infection Prevention & Control at University of Nebraska Medical Center & Nebraska Medicine. Dr. Marcelin's Antimicrobial Stewardship interests include diagnostic stewardship and ambulatory stewardship. She is a member of the Society for Healthcare Epidemiology of America (SHEA) and Infectious Diseases Society of America (IDSA). Dr. Marcelin is a member of several national medical society committees including the IDSA, Inclusion, Diversity, Access & Equity Taskforce, SHEA Awards committee and SHEA Journal Club Committee. She is a passionate advocate for gender and racial/ethnic diversity, inclusion and equity in medicine and is a requested speaker on this topic, as well as social media use for healthcare professionals. You can follow her work on twitter @DrJRMarcelin.

### **CONFLICT OF INTERESTS:**

Speaker has speaker financial relationship with RubiconMD in the area of Antimicrobial Stewardship.

*All Conflicts Have Been Resolved.*

## **RESIDENT PRESENTATION**

### **PEDIATRIC ASTHMA SURVEY AT THE OPEN DOOR MISSION**

#### **LEARNING OBJECTIVES:**

- 1) Present an overview of the purpose, design and early findings of the project.
- 2) Describe the success's and limitations met thus far.

#### **MARIA R. VACHA, DO**

Resident Physician (Chief Resident)  
Clarkson Family Medicine  
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Omaha, NE 68112  
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Resident – Clarkson Family Medicine  
Year of Graduation: 2019  
Faculty Advisor for Project: Dale Agner, MD  
Hometown: Omaha, NE

#### **BIOGRAPHY:**

Maria R. Vacha, DO, is currently Chief Resident at Clarkson Family Medicine and is looking forward to graduating in June 2019. She was born in Omaha, Nebraska and plans to call Omaha her home throughout the remainder of her career. She attended the University of Nebraska at Omaha, where she received a Bachelor of Arts and Master of Arts degree in theater. She then graduated from Oklahoma State University with emphasis in biophysical sciences. She earned her medical degree from Oklahoma State College of Osteopathic Medicine. She enjoys spending time with her two children, all areas of fitness and the arts.

#### **CONFLICT OF INTERESTS:**

Speaker has research grant relationship with Nebraska Medicine Guild in the area of Disposable Medical Supplies.

*All Conflicts Have Been Resolved.*

## **RESIDENT PRESENTATION**

### **FOOD INSECURITIES**

#### **LEARNING OBJECTIVES:**

- 1) Identify the patient population at risk for food security.
- 2) Identify the patient population who received help from food pantry/ food stamps.
- 3) Identify factors that led to inability of the patients to receive help such as transportation, social stigma or lack of time.
- 4) Evaluate the outcomes of providing food assistance in sick visits, such as improving BMI, as compared to the ones who were not able to get food assistance.

#### **ROBIN CHIRACKAL, MBBS**

Resident Physician  
Creighton University Medical Center  
2412 Cuming St, Ste 102  
Omaha, NE 68131  
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Resident – Creighton University Medical Center  
Year of Graduation: 2020  
Faculty Advisor for Project: Naureen Rafiq, MBBS  
Hometown: Cos Cob, CT

#### **BIOGRAPHY:**

Dr. Robin Chirackal graduated from Malankara Orthodox Syrian Church Medical College affiliated with the Mahatma Gandhi University, Kottayam, Kerala, India. She worked at CMC Vellore for two years. Dr. Chirackal came to the US in 2012 and worked in Mayo Clinic in the department of Nephrology and Hypertension (laboratory research) for approximately two years in research before starting residency in Family Medicine.

#### **CONFLICT OF INTERESTS:**

None

## **CVD AND RENAL DISEASE IN T2DM: INDIVIDUALIZING THERAPEUTIC OPTIONS TO REDUCE COMORBID RISK**

*This talk is being jointly provided by Boston University School of Medicine and Rockpointe and has been supported through an educational grant from AstraZeneca; Boehringer Ingelheim Pharmaceuticals, Inc; Lilly USA, LLC and Novo Nordisk, Inc.*

### **LEARNING OBJECTIVES:**

At the conclusion of this activity, participants should be able to:

- 1) Utilize guideline-based recommendations to individualize pharmacologic treatment options for patients with T2DM.
- 2) Recognize the cardiovascular and renal benefits associated with glucose-lowering therapies in order to optimally manage patients with T2DM and associated comorbidities.

### **PRAKASH DEEDWANIA, MD, FACC, FAHA, FACP, FASH, FHFSA, FESC**

Professor of Medicine

University of California-San Francisco (UCSF) School of Medicine

Director of Cardiovascular Research

UCSF Fresno-Central San Joaquin Valley Medical Education Program

Fresno, CA

Clinical Professor of Medicine

Stanford University

Palo Alto, CA

### **BIOGRAPHY:**

See Insert

### **CONFLICT OF INTERESTS:**

Speaker has faculty, author and planning committee relationship with Boston University in the area of CVD and Renal Disease in T2DM. Speaker has financial Consultant relationship with Janssen in the area of diabetes.

*All Conflicts Have Been Resolved.*

## STEERING COMMITTEE



**Prakash Deedwania, MD, FACC, FAHA, FACP, FASH, FHFSA, FESC**  
Professor of Medicine  
UCSF School of Medicine  
San Francisco, CA

**Prakash Deedwania, MD, FACC, FAHA, FACP, FASH, FHFSA, FESC** is one of the most recognizable figures in the fields of lipid disorders, hypertension, heart failure, ischemic heart disease, rhythm disorders, and preventive cardiology. He is Professor of Medicine at the University of California–San Francisco (UCSF) School of Medicine in Fresno, CA. Dr. Deedwania is also Director of Cardiovascular Research for the UCSF Fresno–Central San Joaquin Valley Medical Education Program and Clinical Professor of Medicine at Stanford University in Palo Alto.

Dr. Deedwania is a Fellow of the American Heart Association (AHA), American College of Cardiology (ACC), American College of Chest Physicians (ACCP), American College of Physicians (ACP), Heart Failure Society of America (HFSA), and European Society of Cardiology (ESC). He has served as Chair of the Executive Committee of the Laennec Society of the AHA and is currently President of the California Chapter of the American Society of Hypertension. Dr. Deedwania is Past President of the International Society for Holter and Noninvasive Electrocardiology (ISHNE). He is a member of several writing groups, including the ACC/AHA Practice Guidelines on Chronic Stable Angina and Ambulatory ECG Monitoring. He also serves on the Practice Guidelines Committee of HFSA. He recently served on the joint writing group of AHA/ADA/ACC for the position statement on intensive glucose control in patients with diabetes. He is currently Chair of the AHA Diabetes Committee and Co-Chair of the ACC Cardio Metabolic working group. He has served as a member of the Annual Scientific Program committees of the ACC, HFSA, and Heart Rhythm Society and is on the annual Scientific Program Committee of the AHA.

Dr. Deedwania has authored numerous landmark clinical trials and has authored or co-authored more than 550 publications, including journal articles, book chapters and abstracts. Dr. Deedwania also serves on the editorial boards of numerous journals. He is an Associate Editor of the *Annals of Noninvasive Cardiology*, Senior Editor of *Congestive Heart Failure*, and has served as Guest Editor for the *Journal of the American College of Cardiology*. Dr. Deedwania lectures regularly both nationally and internationally.

## **AAFP UPDATE**

### **LEARNING OBJECTIVES:**

- 1) Increase awareness of current AAFP activities to support members and Family Medicine Programs.
- 2) Increase awareness of current AAFP activities and efforts related to reduction of administrative burden.
- 3) Increase awareness of current AAFP activities to address current health care reform and improved primary care payment.
- 4) Increase awareness of current AAFP legislative priorities.

### **JOHN CULLEN, MD, FAAFP**

AAFP President

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### **BIOGRAPHY:**

John Cullen, MD, FAAFP, has been practicing full scope family medicine in a frontier community of 4,000 people in Alaska for the last 25 years. Dr. Cullen works in a small group practice and has been chief of staff and director of the EMS at Providence Valdez Medical Center. A graduate of University of Arizona School of Medicine, he moved to Valdez, Alaska immediately after residency in Modesto, California. His daughter was infatuated with orcas and this seemed the best way to accommodate her wishes while being able to practice full scope family medicine. He has served as physician for the World Extreme Skiing Championship and on the Alaska State Medical Board. Along with his son William, he received the Red Cross Lifesaving Award for rescuing a mother and baby from a river in the middle of an Alaskan winter. He has been married to Michelle for 30 years. He is the current President of the AAFP.

### **CONFLICT OF INTERESTS:**

Speaker has employment relationship with the American Academy of Family Physicians in the area of clinical programs.

*All Conflicts Have Been Resolved.*

## **THE MOST CURRENT UPDATES & CONTROVERSIES IN BREAST CANCER**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

### **LEARNING OBJECTIVES:**

- 1) Review amazing recent advances in the multi-disciplinary core of newly diagnosed breast cancer patients.
- 2) Address the increasing misconceptions regarding the surgical management of breast cancer.
- 3) Review the impact of recent advances in medical and radiation oncology which impact surgical decision making.

### **EDIBALDO SILVA, MD, PHD, FAC**

Professor, Department of Surgery  
Division of Surgical Oncology  
University of Nebraska Medical Center  
Eppley Cancer Center  
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### **BIOGRAPHY:**

Dr. Edibaldo Silva is one of the only ten fellowship trained surgical oncologists in Nebraska. As a full time, surgical oncologist since 1985, his training as a molecular biologist has made him keenly interested in cancers with significant heritable components. His practice now encompasses the care of patients with breast cancer, melanoma, and other advanced cutaneous malignancies (merkel, scc), sarcoma, and thyroid cancer. He is the recipient of five Komen for the Cure grants, a Pink Tie Awardee, and a melanoma survivor. He has published yearly on breast and melanoma in peer reviewed journals.

### **CONFLICT OF INTERESTS:**

None



## **INTERVENTIONAL PAIN PROCEDURES**

*This talk is being supported by Nebraska Spine + Pain Center.*

### **LEARNING OBJECTIVES:**

- 1) Review basic anatomy & common spine pathology.
- 2) Introduce common spine interventional procedures.
- 3) Review evidence-based guidelines for each interventional procedure.

### **SCOTT HAUGHAWOUT, DO, ABPMR**

Physiatrist

Nebraska Spine + Pain Center

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### **BIOGRAPHY:**

Scott A. Haughawout, D.O., is a Physiatrist at Nebraska Spine + Pain Center, based in Omaha. He practices in the areas of Interventional Pain Management and Physical Medicine & Rehabilitation. He completed his undergraduate degree in Exercise Science at Wichita State University, Wichita, KS. Dr. Haughawout attended medical school at Kansas City University of Medicine and Bioscience in Missouri. His internship and residency took place in Texas at the Plaza Medical Center in Fort Worth and the University of Texas Southwestern Medical Center/Parkland Hospital in Dallas. Dr. Haughawout especially enjoys the sports medicine aspect of his practice as he takes pride in helping injured patients return to an active state.

### **CONFLICT OF INTERESTS:**

None

## **RESIDENT MEDICAL JEOPARDY THROWDOWN**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

### **LEARNING OBJECTIVES:**

To review basics of Family Medicine knowledge within a fun game format:

- 1) Review basic principles of anatomy and physiology.
- 2) Apply current EBM treatments to common family medicine problems encountered by the physician.
- 3) Retain family medicine fundamentals by use of a fun game-show oriented teaching methodology.

### **DOUGLAS W. MARTIN, MD, FACOEM, FAAFP, FIAIME**

Medical Director

UnityPoint Health – St. Luke’s Occupational Medicine

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### **BIOGRAPHY:**

Douglas W. Martin, MD, is a family physician who is practicing occupational medicine in Sioux City, Iowa. He is a past president of both the IAFP and the American Academy of Disability Evaluating Physicians. Dr. Martin is the current Chair of the Medical Review Officer Section of the American College of Occupational & Environmental Medicine. He serves on the Editorial Advisory Board of the Official Disability Guidelines – Treatment in Workers Compensation, an evidence-based treatment guidelines document. He has been involved in educating physicians during his 25-year medical career on a number of topics, including the prevention of disability. He is frequently called upon as an expert in medicolegal contexts, specifically on the management of musculoskeletal injuries and impairment and disability issues.

### **CONFLICT OF INTERESTS:**

None

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LEARNING OBJECTIVES, SPEAKER BIOS & DISCLOSURES  
FRIDAY, MARCH 29, 2019**

**BOLD AND BALD – THE PERILS OF TOO MUCH TESTOSTERONE**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

**LEARNING OBJECTIVES:**

- 1) Review appropriate screening and diagnosis of male hypogonadism.
- 2) Discuss challenges of laboratory interpretation in male hypogonadism.
- 3) Review new guidelines for treatment of male hypogonadism.
- 4) Discuss potential options when patients present already on high doses of Androgens.

**LESLIE A. EILAND, MD**

Assistant Professor, Department of Internal Medicine  
Division of Diabetes, Endocrinology & Metabolism  
University of Nebraska Medical Center  
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Omaha, NE 68198-4120  
402.559. 8700  
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**BIOGRAPHY:**

Leslie Eiland is originally from Columbus, Nebraska. She obtained her undergraduate degree in anthropology from the University of Notre Dame, and attended medical school at Emory University in Atlanta, Georgia. She completed her residency in internal medicine at Emory, then moved back to Nebraska to complete her fellowship in Diabetes, Endocrinology & Metabolism at UNMC. Leslie is currently an Assistant Professor of Medicine in the Department of Internal Medicine, Division of Diabetes, Endocrinology & Metabolism at UNMC. She is also the medical director of the endocrine telehealth program, which currently provides care via telemedicine to seven community hospitals in Nebraska and western Iowa.

**CONFLICT OF INTERESTS:**

Presentation will include discussion of the common off-label use of clomid to treat male hypogonadism, and the available evidence for and against this.  
*All Conflicts Have Been Resolved.*

## **GOALS OF CARE IN ADVANCED ILLNESS**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

### **LEARNING OBJECTIVES:**

- 1) 5-Step Communication Plan for Establishing Goals of Care.
- 2) Responding to Emotion in Encounters.
- 3) Why “Code Status” is the Wrong Conversation.
- 4) VA’s New Initiative to assure Veterans Goals are Met.

### **LOU ANN LUKAS, MD**

VA Nebraska Western Iowa Health Care System  
Medical Director of Palliative Medicine  
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### **BIOGRAPHY:**

Dr. Lukas is an Omaha native and graduate of UNMC in 1998. She completed her Family Medicine residency at Lehigh Valley Health Network and completed the prestigious Robert Wood Johnson Clinical Scholars Program at the University of Michigan. She returned to Pennsylvania to open one of the first patients centered medical homes in the state, it was a resounding clinical success but crashed under the weight of an oversold EMR! She became the director of Palliative Medicine and developed an innovative home-based palliative medicine program that supported primary care practitioners attempt to manage their frailest patients. It demonstrated net hospital savings of 25% of predicted costs. This program received the Circle of Life award for innovative practice. She spent five years as the Chief Medical Officer for Hospice of the Chesapeake where she oversaw the care 500 hospice patients per day and developed programs in palliative medicine at two community hospitals. She is currently the director of Palliative medicine for the Nebraska and Western Iowa region of the Veterans Health Administration and is on faculty at both UNMC and Creighton University college of medicine.

### **CONFLICT OF INTERESTS:**

None

## **HIRAM R. WALKER, MD, LECTURESHIP IN FAMILY MEDICINE**

*The Hiram R. Walker, MD, Lectureship in Family Medicine is supported by UNMC Department of Family Medicine along with the University of NE Foundation.*

## **FINDING YOUR VOICE: THE FUTURE OF FAMILY MEDICINE**

### **LEARNING OBJECTIVES:**

- 1) Explore real and perceived barriers to leadership and advocacy.
- 2) Recognize critical role of becoming informed before advocating.
- 3) Consider ways of gathering information and recognizing bias.
- 4) Develop a tool box of approaches for being a disruptive leader!
- 5) Give you hope about the Future of Family Medicine!

## **REID B. BLACKWELDER, MD, FAAFP**

Professor and Chair, Family Medicine

Quillen College of Medicine, ETSU

Past President, AAFP

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blackwel@mail.etsu.edu

### **BIOGRAPHY:**

Dr. Reid Blackwelder is Professor and Chair of the Department of Family Medicine at the James H. Quillen College of Medicine, East Tennessee State University, where he has served in many roles since joining the faculty in 1992. He is a core faculty in ETSU's Academic Health Science Center's innovative Interprofessional educational and learning efforts, which has garnered international recognition.

He has received numerous teaching awards, including the John Derryberry Distinguished Service Award, and as the Family Physician of the Year from the TN AFP. The American Academy of Family Physicians selected him as the AAFP Exemplary Teacher of the Year in 2008. Most recently he finished six years on the AAFP Board of Directors and is a Past President of the AAFP. He still represents Family Physicians on the Board of Directors of Family Medicine for America's Health, and on CMS' Healthcare Plan Learning and Action Network Guiding Committee

### **CONFLICT OF INTERESTS:**

None

## **IMPROVING DIAGNOSIS AND TREATMENT OF ATOPIC DERMATITIS THROUGH COLLABORATIVE PRIMARY & SPECIALIST CARE**

*This talk is being provided by Integrity CE through and educational grant from Sanofi Genzyme and Regeneron Pharmaceuticals.*

### **LEARNING OBJECTIVES:**

Upon completion of this educational activity, participants should be able to:

- 1) Utilize updated criteria and guidelines to accurately diagnose AD and assess severity in individual patients.
- 2) Review updated guidelines and evaluate available clinical data for therapies utilized in the treatment of AD.
- 3) Describe indications for specialist referral of patients with AD and review best practices for co-management of moderate to severe disease with specialist physicians.
- 4) List documentation and prior authorization requirements to ensure access to prescribed medications for patients with AD.

### **MARK BLAISS, MD**

Clinical Professor

Department of Pediatrics

Medical College of Georgia

1120 15th Street

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### **BIOGRAPHY:**

Michael S. Blaiss, MD, is a clinical professor of pediatrics at Medical College of Georgia in Augusta, Georgia, executive medical director of the American College of Allergy, Asthma and Immunology, and allergist at Good Samaritan Health Center of Gwinnett in Norcross, Georgia. He received his BS in Zoology at the University of Georgia where he was Phi Beta Kappa and his medical degree from the University of Tennessee Center for Health Sciences where he was inducted into AOA Honor Society. He was Chief Resident in pediatrics at University of Tennessee/Le Bonheur Children's Medical Center in Memphis and completed a fellowship in allergy/immunology at Ochsner Medical Foundation in New Orleans, Louisiana.

## **IMPROVING DIAGNOSIS AND TREATMENT OF ATOPIC DERMATITIS THROUGH COLLABORATIVE PRIMARY & SPECIALIST CARE (CONTINUED)**

He was a Professor of Pediatrics and Medicine at the University of Tennessee Health Sciences Center in Memphis and head of the Pediatric Allergy and Clinical Immunology Training Program at UT prior to going into a private allergy practice in Memphis, Tennessee at Allergy and Asthma Care. At both Merck and Pfizer Consumer Health Care, he served in Medical Affairs roles.

He is past president of the American College of Allergy, Asthma and Immunology. He served as treasurer of the American Board of Allergy and Clinical Immunology, a past member of the Board of Directors of the World Allergy Organization and past president of the Tennessee and

Louisiana Societies of Allergy, Asthma and Immunology. Dr. Blaiss has published more than 120 scientific peer-reviewed articles and presented at more than 500 meetings and seminars throughout the world. In addition, he has been a member of the editorial boards for the Annals of Allergy, Asthma, and Immunology, World Allergy Organization Journal, Journal of Asthma, and Allergy and Asthma Proceedings, Hypersensitivity, and American Journal of Rhinology and Allergy.

### **CONFLICT OF INTERESTS:**

Speaker has consultant for fee relationship with Sanofi-Regeneron in the clinical area of asthma, and atopic dermatitis.

*All Conflicts Have Been Resolved.*

## **RESIDENT PRESENTATION**

### **TRACKING OPIOIDS ON THE BLOCKCHAIN**

#### **LEARNING OBJECTIVES:**

- 1) What is a blockchain?
- 2) What is the current state of opioid use in Nebraska?
- 3) How could using a blockchain to track opioids improve patient care?

#### **DEREK SHAFER, MD**

Resident Physician  
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Resident – University of Nebraska Medical Center/Rural Track  
Year of Graduation: 2019  
Faculty Advisor for Project: Jeffrey Harrison, MD  
Hometown: Sioux Falls, SD

#### **BIOGRAPHY:**

Dr. Derek Shafer is a 3rd year Family Medicine Resident in UNMC's Rural Training Track. He graduated from medical school from UNMC in 2016 and from UNL in 2012 with a degree in Biological Systems Engineering. He enjoys board games, disc golf, and hanging out with his wife, Taylor, and son, Jack. He is excited about practicing Family Medicine with obstetrics in Alliance, Nebraska, starting in July.

#### **CONFLICT OF INTERESTS:**

None



## **RESIDENT PRESENTATION**

### **ATYPICAL PARATHYROID ADENOMA WITH FINDINGS OF SEVERE HYPERCALCEMIA AND HYPERPARATHYROIDISM**

#### **LEARNING OBJECTIVES:**

- 1) Evaluation of patients with thyroid and parathyroid masses.
- 2) Evaluation of patients with hypercalcemia.
- 3) Evaluation of hyperparathyroidism.

#### **GARRETT MOCKLER, MD**

Resident Physician  
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Resident – University of Nebraska Medical Center/Rural Track  
Year of Graduation: 2020  
Faculty Advisor for Project: Jeffrey Harrison, MD and Birgit Khandalavala, MD  
Hometown: Santa Maria, CA

#### **BIOGRAPHY:**

Dr. Garrett Mockler spent the first half of his life in the glitz and glamour of a professional ballet dancer travelling the world. He earned a BFA and MFA in ballet from the University of Utah in Ballet. Needing a change in pace, he decided he needed to relax and pursue medicine. He went back to school with pre-med at the University of Utah and medical school at Trinity School of Medicine in the Caribbean on the island of St Vincent and Grenadines. His medical school rotations were spent in the frozen tundra of Chicago and back in Utah. After medical school, he spent some time as a medical scribe for an ENT doctor in Utah. He is now in his second year as a family medicine resident at UNMC and living with his wife Alicen, their fur baby Lucy, and bearded dragon Saphira in rural North Platte, NE.

#### **CONFLICT OF INTERESTS:**

None

## **ANNUAL WELLNESS VISIT**

(JOSEPH MILLER, MD, FAAFP, MEGAN FALTYS, MD AND JENNIFER JARECKI, RN, WILL PRESENT THIS TOPIC TOGETHER)

### **LEARNING OBJECTIVES:**

- 1) Why are Annual Wellness Visits (AWV) important?
- 2) What is included in an AWV?
- 3) Is an AWV an exam?

### **JOSEPH MILLER, MD, FAAFP**

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Chief Medical Director

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### **BIOGRAPHY:**

Dr. Joe Miller is the currently the CMO at Think Whole Person Healthcare in Omaha where he has been employed for the last two years. He has been a member of the Nebraska Academy of Family Physicians since 1982. He completed his Bachelor's degree at Creighton University and completed medical school at UNMC. He then completed his Family Medicine Residency from Cedar Rapids, IA in 1984. He practiced full service rural Family Medicine including outpatient, inpatient, OB and Emergency Room coverage for 32 years in Lexington, Nebraska. Dr. Miller has been very involved in advancing the specialty through initiatives such as Patient-Centered Medical Home (PCMH), organizing SERPA-ACO in 2012, and leading 19 medical mission's trips to Haiti over the last 10 years. Dr. Miller received the Jim Kelly Memorial Award in 2009 in recognition for his enthusiasm, dedication and contribution to Lexington. In 2011, he received the COPIC Medical Foundation Harold E. Williamson Award for volunteering his medical services and other contributions to the Nebraska health care community. Dr. Miller has received both the 2015 Nebraska Family Physician of the Year and the 2018 Phyllis G. Hansen Merit Award from the NAFP. He is currently an Alternate Delegate for the NAFP, NAFP Finance Committee Chair and a member of the AAFP Commission on Quality and Practice. He has also served as a trustee on the Academy Foundation board. His passions are Healthcare Reform/Value-Based Medicine and medical mission work in Haiti.

### **CONFLICT OF INTERESTS:**

None

## **ANNUAL WELLNESS VISIT**

(MEGAN FALTYS, MD, JOSEPH MILLER, MD, FAAFP, AND JENNIFER JARECKI, RN WILL PRESENT THIS TOPIC TOGETHER)

### **LEARNING OBJECTIVES:**

- 1) Why are Annual Wellness Visits (AWV) important?
- 2) What is included in an AWV?
- 3) Is an AWV an exam?

### **MEGAN FALTYS, MD**

Columbus Family Practice  
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### **BIOGRAPHY:**

Dr. Megan Faltys has been practicing as a family physician since 2011. She is currently practicing at Columbus Family Practice in Columbus, NE. She is married with five children.

### **CONFLICT OF INTERESTS:**

None

## **ANNUAL WELLNESS VISIT**

(JENNIFER JARECKI, RN, JOSEPH MILLER, MD, FAAFP, AND MEGAN FALTYS, MD, WILL PRESENT THIS TOPIC TOGETHER)

### **LEARNING OBJECTIVES:**

- 1) Why are Annual Wellness Visits (AWV) important?
- 2) What is included in an AWV?
- 3) Is an AWV an exam?

### **JENNIFER JARECKI, MD**

Columbus Family Practice  
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### **BIOGRAPHY:**

Jennifer Jarecki, RN, has 15+ years of nursing experience. She is currently the Nurse Manager for Columbus Family Practice in Columbus, NE, where she has helped implement Annual Wellness Visits, Care Coordination/Chronic Care Management, and sits on the Quality Improvement Team. She is married with four boys.

### **CONFLICT OF INTERESTS:**

None

## **NAFP LEGISLATIVE UPDATE**

### **LEARNING OBJECTIVES:**

Update At the conclusion of this session, learners will:

- 1) Know key issues the NAFP is supporting/opposing this legislative session.
- 2) Understand the importance of building relationships with senators and staff.

### **JOSUÉ GUTIÉRREZ, MD**

Chair, NAFP Legislative Committee

Saline Medical Specialties

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jgutierrez@stz.org

### **BIOGRAPHY:**

Josué Gutiérrez completed his residency at the Lincoln Family Education Program. Though originally from Nicaragua, he grew up in Guatemala. He came to the United States with a desire to become a doctor. Dr. Gutiérrez graduated with honors from the University of the Ozarks in Clarksville, Arkansas, and went on to graduate from medical school at the University of Arkansas for Medical Sciences in Little Rock. He joined Saline Medical Specialties in Crete, NE. Josué Gutiérrez is actively involved in the AAFP and NAFP and two years ago was chosen to participate in the Emerging Leaders Institute. His areas of interest include population health management, and health information technology integration for a seamless and effective provider/patient experience.

### **CONFLICT OF INTERESTS:**

None

**NEBRASKA ACADEMY OF FAMILY PHYSICIANS  
71<sup>ST</sup> ANNUAL MEETING & SCIENTIFIC ASSEMBLY  
LEARNING OBJECTIVES, SPEAKER BIOS & DISCLOSURES  
SATURDAY, MARCH 30, 2019**

**NOT SO COMPLEX WOUND CARE FOR YOUR OFFICE**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

**LEARNING OBJECTIVES:**

- 1) To recognize differences in healing potential of acute vs chronic wounds.
- 2) To describe when collagen vs. artificial skin is best for stimulation of healing.
- 3) To be able to list options for inexpensive wound care products for your patients.

**DEBRA A. REILLY, MD, FACS**

Professor Plastic & Reconstructive Surgery  
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983335 Nebraska Medical Center  
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**BIOGRAPHY:**

Dr. Debra Reilly is a Professor and Surgeon at the University of Nebraska Medical Center, Omaha, Nebraska. She specializes in burn and complex wound care as well as plastic & reconstructive surgery. She is a member of the American Society of Plastic Surgeons, the American Burn Association, the American College of Surgeons, the International Confederation of Plastic Surgery Societies, and on the Board of Directors of Reconstructing Women International. Her hobbies include, Opera, needlepoint, Yoga & champagne!

**CONFLICT OF INTERESTS:**

None

## **INFECTION CONTROL AT EXPEDITIONARY HOSPITAL IN AFGHANISTAN**

### **LEARNING OBJECTIVES:**

- 1) Appreciate the increasing MRDOs globally and locally.
- 2) Describe common infection control measures.
- 3) Recognize the role of Family Physicians in adhering to and leading infection control and prevention measures at the hospital level.

### **GABRIEL HARRIS, MD, FAAFP**

Practicing Physician

Offutt AFB/University of Nebraska Medical

Family Medicine Department

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Offutt AFB, NE 68133

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gabe.harris.md@gmail.com

### **BIOGRAPHY:**

Gabriel T. Harris, MD, FAAFP, is faculty at the University of Nebraska Medical Center/Offutt Air Force Base Family Medicine Residency, Offutt Air Force Base, Neb., and is an assistant professor in the Department of Family Medicine at the Uniformed Services University of the Health Sciences. He is active duty in the US Air Force, recently returning from a tour in Afghanistan working at Craig Joint Theater Hospital, treating trauma patients in the ICU and wards. He is Director of the Endoscopy Clinic and co-directs medical student education at the residency program. His interests include endoscopy, medical education, along with cycling, high-intensity training, camping and reading out-loud to his four children.

### **CONFLICT OF INTERESTS:**

None

## **WHAT IS NEW IN PEDIATRIC ONCOLOGY**

*This talk is being supported by Children's Hospital and Medical Center.*

### **LEARNING OBJECTIVES:**

- 1) Review the epidemiology of pediatric cancer in our region.
- 2) Briefly discuss the history of chemotherapeutic agents for cancer.
- 3) Discuss the development of immunotherapy for pediatric cancer patients.

### **DONALD W. COULTER, MD**

Director, Pediatric Cancer Research Group

Associate Professor, Pediatrics

University of Nebraska Medical Center

Children's Hospital and Medical Center

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### **BIOGRAPHY:**

Dr. Donald Coulter obtained his Medical Degree from the University of Arizona and completed both Pediatric Residency and Pediatric Hematology / Oncology Fellowship at the University of North Carolina at Chapel Hill. He joined the faculty of Children's Hospital and Medical Center and the University of Nebraska Medical Center in 2008, and currently serves as an Associate Professor of Pediatrics. Dr. Coulter maintains a robust clinical practice at both Nebraska Medicine and at Children's Hospital and Medical Center while maintaining an active research career. He currently serves as the Director of the Pediatric Cancer Research Group, a multidisciplinary collaborative team of researchers developing novel therapeutics for pediatric tumors. He is also the Principal Investigator for the Children's Oncology Group grant at The University of Nebraska Medical Center. His research interests include the induction of autophagy in pediatric tumors, the epidemiology of pediatric cancer in Nebraska, and the development of new biomarkers for cancer detection.

### **CONFLICT OF INTERESTS:**

Speaker has research funding relationship with the Pediatric Cancer Research Group, Edna Ittner Research Fund as a Co-Investigator.

*All Conflicts Have Been Resolved.*



## **WHAT I LEARNED AT NAFP'S ANNUAL MEETING, 2019**

### **LEARNING OBJECTIVES:**

- 1) Discuss highlights of the NAFP Annual Assembly Talks.
- 2) Explain how these key points affect the practice of Family Medicine.

### **AARON LANIK, MD, FAAFP**

Assistant Professor  
Department of Family Medicine  
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alanikmd@hotmail.com

### **BIOGRAPHY:**

Dr. Aaron Lanik is currently an Assistant Professor in the Department of Family Medicine at the University of Nebraska Medical Center (UNMC), Omaha, NE. He is also the current President of the Nebraska Academy of Family Physicians (NAFP). Dr. Lanik completed his undergraduate work at Midland Lutheran College graduating in 2001 and medical school at UNMC, graduating in 2007. He completed the Advanced Rural Training Program at UNMC for residency in 2010. Prior to returning to UNMC and entering academic medicine, he spent almost 6-1/2 years providing full-scope Family Medicine in Hebron and Geneva, NE.

### **CONFLICT OF INTERESTS:**

None

## **DEROIN MEMORIAL LUNCHEON**

### **BURN OUT AND RESILIENCY: PRACTICAL APPROACH TO WALKING AND LEADING IN BALANCE**

*This talk is being supported by The Hiram R. Walker, MD, Lectureship in Family Medicine, UNMC Department of Family Medicine and the University of NE Foundation.*

#### **LEARNING OBJECTIVES:**

- 1) Recognize stress is a part of life.
- 2) Inventory how you manifest your truth.
- 3) Translate your new insights into practical leadership approaches.
- 4) Learn to transform stress into healthy growth!
- 5) Rekindle your (and others') fire and enthusiasm.
- 6) Challenge you to walk your talk!

#### **REID B. BLACKWELDER, MD, FAAFP**

Professor and Chair, Family Medicine  
Quillen College of Medicine, ETSU  
Past President, AAFP  
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#### **BIOGRAPHY:**

Dr. Reid Blackwelder is Professor and Chair of the Department of Family Medicine at the James H. Quillen College of Medicine, East Tennessee State University, where he has served in many roles since joining the faculty in 1992. He is a core faculty in ETSU's Academic Health Science Center's innovative Interprofessional educational and learning efforts, which has garnered international recognition.

He has received numerous teaching awards, including the John Derryberry Distinguished Service Award, and as the Family Physician of the Year from the TN AFP. The American Academy of Family Physicians selected him as the AAFP Exemplary Teacher of the Year in 2008. Most recently he finished six years on the AAFP Board of Directors and is a Past President of the AAFP. He still represents Family Physicians on the Board of Directors of Family Medicine for America's Health, and on CMS' Healthcare Plan Learning and Action Network Guiding Committee

#### **CONFLICT OF INTERESTS:**

None